



Healthy South Dublin County

Phase 1 Tallaght

October 2015

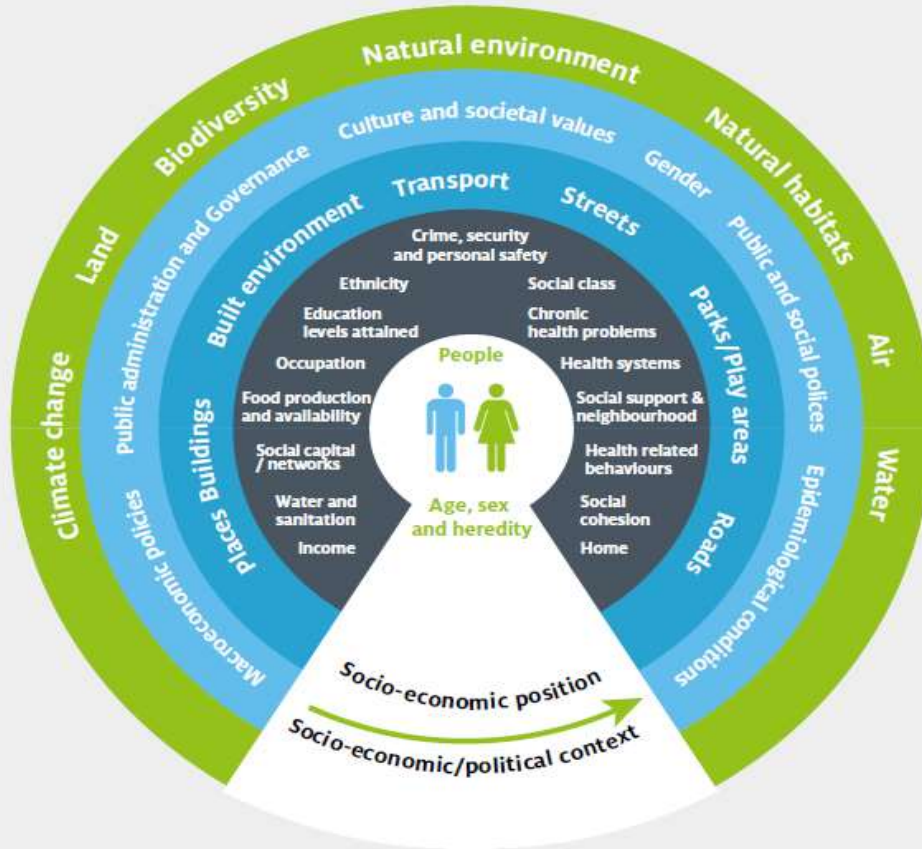


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Determinants of Health

(Adapted from Dalghren and Whitehead, 1991 and Grant and Barton, 2006)



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Policy Context



- European Policy Framework - Health 2020
- Healthy Ireland 2013
- National Healthy Cities & Counties of Ireland Network



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Healthy Ireland (2013) A Framework for Improved Health and Wellbeing



- Increase the proportion of people who are healthy at all stages of life
- Priority areas
 - Lifecourse approach: young and old
 - Positive Ageing Strategy
 - Substance Misuse policy
 - Tobacco Free Ireland
 - Promote physical activity



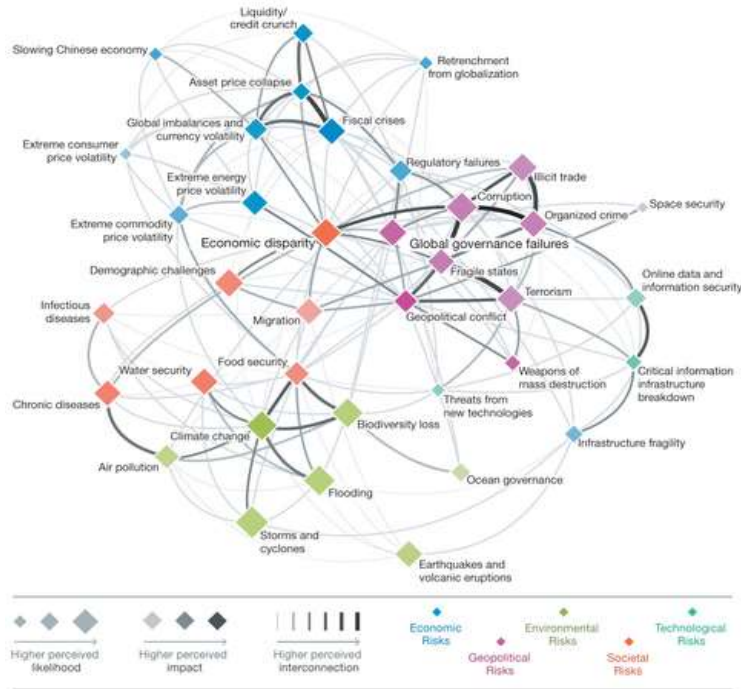
Healthy South County Dublin



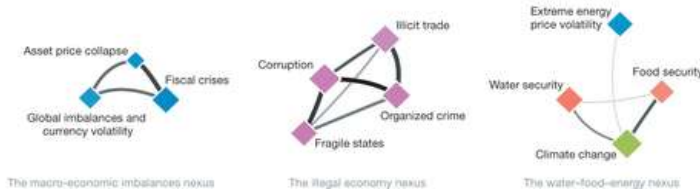
- Multi agency working group led by South Dublin County Council and supported by HSE



Interconnectedness



- Interconnectedness of issues and of governance levels



Approach

1. Identify 1 / 2 domains for action as lever points for change
2. Assemble around each lever point a strategic network of key stakeholders from the government, business sector and civil society
3. Bring together all the networks connected to the lever points

Healthy South Dublin County Structure

- Local Economic and Community Plan – commitment to Healthy County
- Local Community Development Committee – commitment to support LECP
- Health & Wellbeing included in County Development Plan
- SDCC Age Friendly County

Key Levers...

- **Phase 1 2015 - 2018**
- **Physical Activity**
 - National Physical Activity Plan
 - Health Assets Needs Assessment 2015
 - Develop, Implement and evaluate interventions to tackle sedentary behaviour & encourage physical activity'
- **Alcohol**
 - National Substance Misuse Strategy
 - Public Health Alcohol Bill
 - **Alcohol** - Prevent and reduce alcohol-related harm

Physical Activity



- **Promote and increase levels of physical activity**

Settings Approach

- Community
- Workplace
- Schools

Focus on Policy

Cycling & walking strategy

Smarter Travel

Alcohol



- **Prevent and reduce alcohol-related harm**
 - Prevention (partner with the Tallaght Drug & Alcohol TF)
 - Supply Access and Availability
 - Screening, Treatment and Support Services
 - Research, Monitoring and Evaluation

Key Learnings as joint Coordinator

- Support from local authority
 - Management
 - Health and wellbeing pillar for staff
- Ground work is very important
- Good opportunity to advocate for health and wellbeing in the political environment
- Use Healthy Ireland as a driver



Challenges

- Articulating the Settings approach to health and wellbeing outside of HP & I
- Time taken to bring partners on board
- Communicating the work through local structures
- Balance between strategic and actions

